

Join us for our Second Adventure...

Textile & Craft Tour of **GHANA II**

September 15 ~ 27, 2011

HANDS-ON WORKSHOPS
VISITS TO ARTIST STUDIOS
TRAVEL TO ACCRA, KUMASI, CAPE COAST
CULTURAL SIGHTSEEING
"CE CARES" PROJECT
UNIQUE SHOPPORTUNITIES



"FEEL THE **F**ABRIC ...EMBRACE THE **C**CULTURE"

Textile & Craft Tour of GHANA II

September 15 ~ 27, 2011



KENTE WEAVING



WAX BATIK



BEADMAKING



ADINKRA STAMPING

For more information & updates, visit
www.CulturedExpressions.com

PO Box 356 • Rahway, NJ 07065 1-866-MUDCLOTH
info@CulturedExpressions.com Facebook: CULTURED EXPRESSIONS

Textile & Craft Tour of GHANA II

September 15 ~ 27, 2011

HITTING THE MARKETS!!

Various Locations



For more information & updates, visit
www.CulturedExpressions.com

PO Box 356 • Rahway, NJ 07065 1-866-MUDCLOTH
info@CulturedExpressions.com Facebook: CULTURED EXPRESSIONS

CULTURED E*PRESSIONS

What is the "CE CARES" PROJECT?

In keeping with Cultured Expressions' ongoing mission to "give back", we're encouraging all our participants to also embrace the concept, as we seek to connect with artisans and partner with local organizations.

This year, CE will partner with the Manya Krobo Queenmothers' Association. As the top female traditional leaders of the community, queenmothers have an inherent responsibility for the welfare of their communities. The Association assists orphans who have lost their parents due to HIV and AIDS, and provides various income-generating activities for local women, all through the craft of beadmaking.



For more information & updates, visit
www.CulturedExpressions.com

PO Box 356 • Rahway, NJ 07065 1-866-MUDCLOTH
info@CulturedExpressions.com Facebook: CULTURED EXPRESSIONS

Textile & Craft Tour of GHANA II

September 15 ~ 27, 2011

GENERAL INFORMATION

Tour Cost: \$4500* - Please refer to the Brochure (Page 10) for included amenities

*(This is the discounted price for Payments by Check, Cash, or Money Order —
Full cost for Payments by Credit / Debit Card is \$4650)

Suggested Payment Plan:

February 2011	OPENING DEPOSIT	\$500 Minimum (\$520)*
March through July 2011		\$650 per month (\$672/month)*
<u>August 15, 2011</u>	FINAL PAYMENT DUE	\$750 (\$770)*

Please note:

- Payments must total at least \$1800 minimum by April 15
- Tour includes round trip airfare from Washington, DC/Dulles Airport
We can arrange an add-on fare from your home airport to Washington, DC,
or you can arrange your own transportation

REFUND POLICY*: Thru March 1, 2011 - Funds paid, less \$500
March 2 thru May 1, 2011 - Funds paid, less \$750
May 2 thru July 15, 2011 - Funds paid, less \$1000
Beyond July 15 - No Refunds
Cancellation of trip by Cultured Expressions or Global Linkages
will result in a full refund only of funds paid to CE, less a \$50 admin fee

(Trip cost includes basic travel insurance. Policy terms allow for coverage under certain conditions determined solely by the travel insurance provider. Complete policy details will be provided upon registration. Please contact us with any questions.)

TRAVEL REQUIREMENTS (Not included in the Tour Cost)

- Valid Passport
- Ghana Travel Visa (*Global Linkages, Inc will assist participants in processing their visas*)
- Yellow Fever Inoculation
- Malaria Pills

For more information & updates, visit www.CulturedExpressions.com
PO Box 356 • Rahway, NJ 07065 1-866-MUDCLOTH
info@CulturedExpressions.com Facebook: CULTURED EXPRESSIONS

**09/15 Thursday — DEPART ON UNITED AIRLINES from Washington/Dulles**

Participants will arrive in Washington DC (Dulles) from various cities prior to 4:00pm. Orientation briefing will be held at the airport prior to the early evening check-in time.

9/16 Friday — ARRIVAL in ACCRA, GHANA AIRPORT- HOTEL TRANSFER

Arrive Kotoka International Airport in Accra in the afternoon. Ground staff will meet, assist, and transfer participants to the hotel for check-in, followed by orientation with money changing, phone rental, etc.

9/17 Saturday — CITY TOUR & WELCOME DINNER

W.E.B. DuBois Centre for Pan African Studies; National Museum; Kwame Nkrumah Memorial Park, Independence Square; international Conference Centre and State House of Ghana, Art & Crafts market for African handicrafts. Box Lunch. "Welcome to Ghana" Dinner

9/18 Sunday — VOLTA RIVER CRUISE

Sunday is traditionally a quiet day in Accra, so we'll take this opportunity to enjoy a Dodi River & Volta Dam Boat Ride with live music, a grilled lunch, and gorgeous views of the Volta region. The leisurely pace gives our group a chance to get acquainted through crafting activities. Bead vendors along the docking area provide an added dimension of fun & creative inspiration!*

9/19 Monday – KENTE PRESENTATION & WORKSHOP - ART GALLERY EVENT

Discover the ancient traditions of Kente from a master weaver, and learn about his unique family ties to the cloth. Spend an afternoon creating your own KENTE bookmark/ wristlet, and select finished cloths as souvenirs & gifts.

Evening program: Explore the contemporary side of Ghanaian art & craft at the Ablade Gallery, where we will meet some of the featured artists in an informal setting. Dinner will be served.

9/20 Tuesday – BATIK PRESENTATION & WORKSHOP - LOCAL CRAFTSWOMEN & DINNER

Learn about West Africa's methods for batiking fabrics with wax, and create your own batiked designs. Shop for finished fabrics with a new appreciation of the work that goes into them!

Later we connect with area business owners, including quilters, basket weavers, doll artists, crafters and fashion & accessory producers. We'll "talk shop" and learn about their businesses, and enjoy an informal boutique & trunk show. Dinner will be served.

9/21 Wednesday – BEAD PRESENTATION & BEADMAKING WORKSHOP

Breakfast presentation: One of Ghana's leading bead experts outlines the special roll of beads in the culture, and her own unique experience with beads as a primer for tomorrow's Bead Market visit.

Our afternoon bead workshop lets you create your own beads from recycled glass with one of the region's top producers.

9/22 Thursday — KOFORIDUA BEAD MARKET - DEPART FOR KUMASI

We'll join bead makers, merchants and shoppers from all around the region for the once-a-week Bead Market at Koforidua. After a boxed lunch, we depart for Kumasi, stopping at the Bonwire kente markets enroute.

Dinner on your own at the Golden Tulip Hotel in Kumasi; followed by hotel Check-In.

Overnight stay in Kumasi.

**9/23 Friday — KUMASI MARKET - NTONSO ADINKRA WORKSHOP**

Kumasi Market - After a customized guided tour of the fabric vendors' area of West Africa's largest outdoor market, we'll have lunch, then depart for Ntonso for our adinkra stamping presentation & workshop. will be followed by lunch at an ocean-front restaurant. Depart at 3:00pm for the Cape Coast region - Hotel Check-In; dinner on your own.

Overnight stay in Cape Coast

9/24 Saturday — ELMINA CASTLE TOUR - OPTIONAL ACTIVITIES

The Elmina slave castle experience will challenge your sense of heritage and dignity. Guided tour of this sacred ground.

Afterwards, take time to unwind with a choice of optional activities, including poolside relaxation at the hotel, a Ghanaian cooking workshop, a canopy walk at Kakum National Park, or local shopping.

Dinner & Bamboo Orchestra at seaside.

Overnight stay in Cape Coast

9/25 Sunday – SUNRISE White Ceremony - RETURN TO ACCRA

Prior to leaving Cape Coast, each participant will be asked to wear all white for a special sunrise activity at the beach.

Hotel check-out. Departure for Accra with a stop for lunch at Birwira

Dinner on your own in Accra

9/26 Monday – CE CARES Presentation; FOLLOW-UP ACTIVITIES & FAREWELL DINNER

Optional activities: CE Cares Activity - Presentation of donated items to the Manya Krobo Queenmothers' Association. We will meet with the bead Queenmothers' Co-op and learn about how they support the community through this traditional craft.

CE Cares will present donations to benefit the orphans, HIV/AIDS patients and young women who are served by the Association. Return to Accra.

The perfect day to schedule your last appointments with your favorite artists, vendors & other new contacts in Ghana, to begin packing purchases, etc. In addition, you can opt for:

*Shopping - Makola, Osu, Arts Center, Aburi (wood carvers) etc.**

Personal projects & follow-up meetings

Farewell Dinner

9/27 Tuesday – FAREWELL TO GHANA

Participants will have the day free to shop, pack and enjoy the last day in Ghana until your return next time. Afternoon check-in for our flight leaves time for a few final leisure hours before boarding our evening flight. Dinner on your own at the airport.

Evening Departure /United Airlines

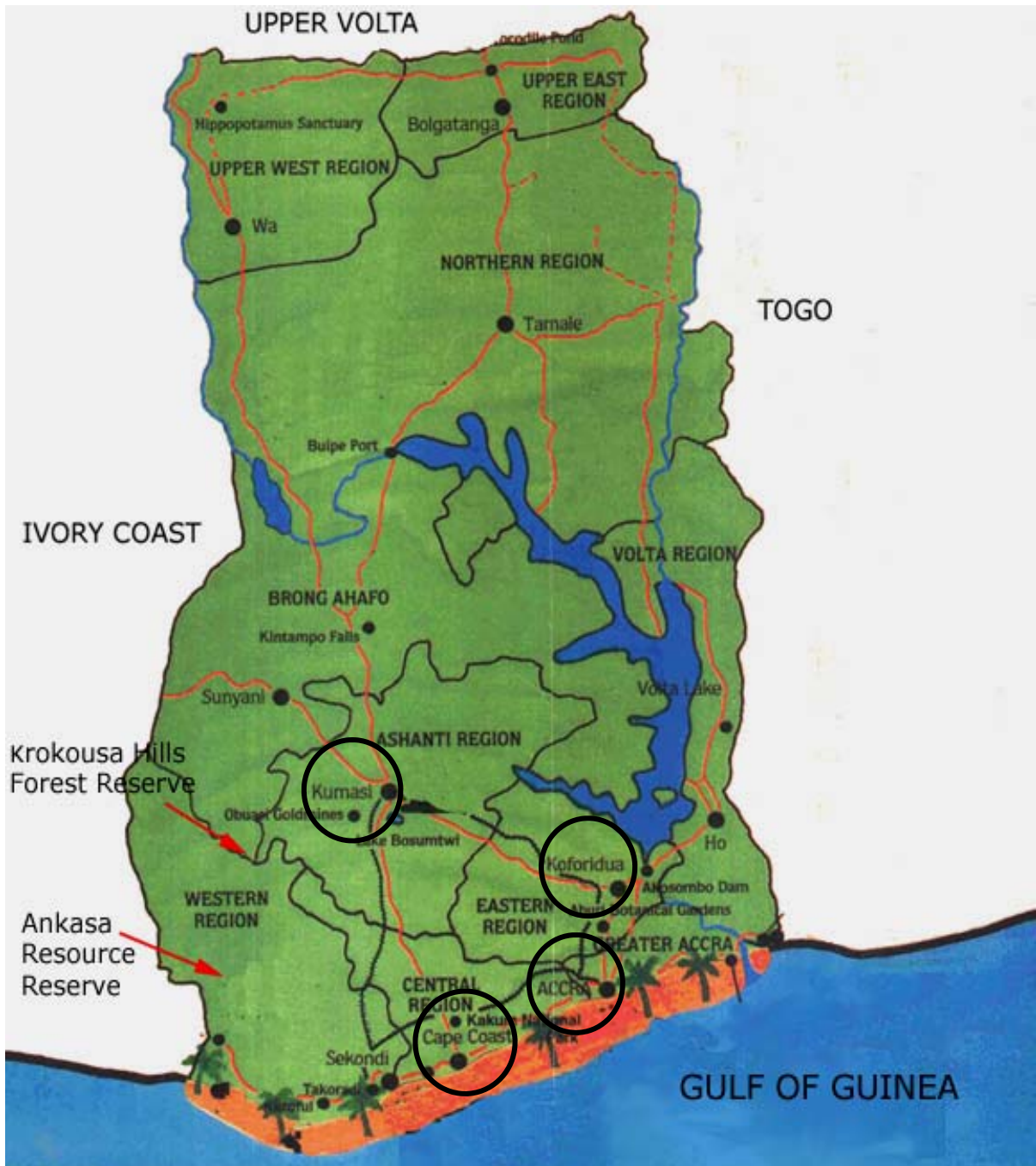
Wednesday, Sept 28 - Early morning arrival into Washington, DC. Departures for various cities complete our journey.

Textile & Craft Tour of GHANA II

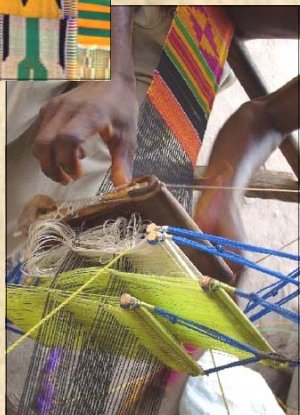
September 15 ~ 27, 2011

MAP OF GHANA —

Our Tour takes us to the circled locations:
Accra, Cape Coast, Koforidua, and Kumasi



Ghana's rich culture is best expressed through the artistry of handwoven KENTE CLOTH, the fabric of royalty...



and through the beauty of meticulously designed, vibrantly colored BEADS and BRASS embellishments...



...not to mention, the meaningful symbolism of ADINKRA CLOTH plus gorgeous COTTON BATIKS and PRINTS — Experience all this and much more, up-close and personal, with Cultured Expressions!



This is the perfect adventure for Quilters, Crafters, Sewing Enthusiasts, Fiber Artists and Designers who appreciate beautifully crafted materials with cultural significance.

Hosted by **LISA SHEPARD STEWART**

Lisa is an author, designer and instructor based in New Jersey, specializing in the creative use of authentic African fabrics & trims for sewing, quilting, home decor and crafts. Her project books, **AFRICAN ACCENTS, ON THE GO!** and **GLOBAL EXPRESSIONS**, show readers how to incorporate the fabrics into beautiful & functional make-it-yourself projects. Through her company, Cultured Expressions, Inc., she offers workshops, trunk shows, events and special merchandise, all designed to foster an appreciation for the cultures and to bring out the creativity in others.



About Global Linkages...

We are pleased to again work with Global Linkages in arranging this special event. Lorna K. Johnson, the principal of Global Linkages, Inc. specializes in targeted, cause related tours to Africa as part of the work of her international development company. Lorna has worked in Ghana since 1993 and has made over 65 visits there, creating various types of partnerships between Americans and Ghanaians.

For more information & updates, visit
www.CulturedExpressions.com

PO Box 356 • Rahway, NJ 07065
Phone: 1-866-MUDCLOTH
Email: info@CulturedExpressions.com
CULTURED EXPRESSIONS

CULTURED *EXPRESSIONS

Join us for our Second Adventure...

Textile & Craft Tour of GHANA II September 15 - 27, 2011



HANDS-ON WORKSHOPS
VISITS TO ARTIST STUDIOS
TRAVEL TO ACCRA, KUMASI, CAPE COAST
CULTURAL SIGHTSEEING
"CE CARES" PROJECT
UNIQUE SHOPPORTUNITIES

"FEEL THE FABRIC... EMBRACE THE CULTURE"

ITINERARY

THURSDAY -- 15 September
Arrivals from various US cities to Wash, DC
PM Departure from Wash, DC (Dulles) to Accra

FRIDAY -- 16 September
Afternoon arrival in ACCRA, Ghana
Hotel Check-In & Welcome Activities

SATURDAY -- 17 September
Accra City Tour/Box Lunch
Dinner

SUNDAY -- 18 September
Volta River Cruise with Lunch & Crafting
Activities; Dinner on your own

MONDAY -- 19 September
Morning: Kente Presentation & Workshop
Lunch on your own: Osu, Makola, Arts Centre
Evening: Ablade Art Gallery Event

TUESDAY -- 20 September
Morning: Batik Presentation & Workshop
Lunch on your own: Osu, Makola, Arts Centre
Evening: Local Craftswomen & Dinner

WEDNESDAY -- 21 September
Morning/Afternoon: Bead Presentation
and Workshop
Dinner on your own

THURSDAY -- 22 September
Koforidua Bead Market; Lunch
Depart for Kumasi, stop at Bonwire (Kente
Village); Hotel Check-In; Dinner on own

FRIDAY -- 23 September
Kumasi Market Guided Tour; Ntonso Adinkra
Presentation & Lunch; Depart for Cape Coast;
Hotel Check-In; Dinner on own

SATURDAY -- 24 September
Ermita Slave Castle Guided Tour; Lunch on
Own; Options: Poolside; Cooking Demo;
Kakum Canopy Walk

SUNDAY -- 25 September
Dinner & Bamboo Orchestra at Seaside
Sunrise: White ceremony
Depart for Accra--Lunch at Birwira

MONDAY -- 26 September
CE Cares Presentation to Manya Krobo
Queenmothers' Association;
Free time options: lunch on your own;
shopping; personal meetings, etc.
Farewell dinner

TUESDAY -- 27 September
Free time; packing
Airport dinner / on your own
Evening - Depart for US (Arrive Wed. AM)

What is the "CE CARES" PROJECT?

In keeping with Cultured Expressions' ongoing mission to "give back", we're encouraging all tour participants to also embrace the concept, as we seek to connect with artisans and partner with local organizations.

This year, CE will partner with the Manya Krobo Queenmothers' Association. As the top female traditional leaders of the community, queenmothers have an inherent responsibility for the welfare of their communities. The Association assists orphans who have lost their parents due to HIV and AIDS, and provides various income-generating activities for local women, all through the craft of beadmaking.

Medase (Thank You)
— Lisa

Tour Cost of \$4500* per person includes:

- Round Trip Airfare from Washington/Dulles via United Airlines (Add-on Fares from other US cities to Washington, DC can be quoted, or you can arrange your own flight to DC)
- Airport transfers in Accra
- All Hotel accommodations (SINGLE occupancy)
- Ground transportation & ground staff gratuities
- All Breakfasts; (Lunches and Dinners included as indicated)
- All Hands-On Workshops & Presentations as Indicated
- Standard trip insurance; optional add'l coverage is available
- Resource package & printed reference materials

OUR POLICY:

- * Check/Cash/MO cost is \$4500 (Credit/Debit cost is \$4650)
- Initial minimum deposit of \$500 per person
- Full refund of funds paid to CE if cancelled by CE or GL
- Final payment is due August 15, 2011 – NOTE: Admin fee of 20% will be added to any balance rec'd after Aug 1
- Detailed itinerary and a suggested payment plan are available on request.
- Returned check charge \$35
- An email address is REQUIRED for trip communications.

Refund Policy:

- Thru Feb 1 - Payments less \$50
- Feb-Apr 30 - Payments less \$500
- May 1-Jul 15 - Payments less \$1000
- After Jul 15 - No Refund

GHTOUR11

I want to register for the **Textile & Craft Tour of Ghana II**.
(Please use a separate form for each participant)

I have read and understand "OUR POLICY" (attached) and enclose my non-refundable deposit of \$ _____
((\$500 Minimum Deposit))

Initials _____ Date _____

Send to: **Cultured Expressions, Inc.**
PO Box 356 - Dept. GH11
Rahway, NJ 07065

PLEASE PRINT

Name _____

Address _____

City _____

State _____ Zip _____

Email _____ Phone _____

Method of Payment *

- MC
- VISA
- AMEX
- DISC

Check / Money Order — U.S. funds only
Payable to Cultured Expressions, Inc.

--	--	--	--	--	--	--	--	--	--

Exp. Date ____/____/____ 3 - Digit Code _____ Billing Zip Code _____

Signature _____