

“FEEL THE FABRIC...EMBRACE THE CULTURE”

## Adjustable Adinkra Choker / Necklace

by Lisa Shepard Stewart

### YOU'LL NEED:

- One brass adinkra symbol, 1" or 2"
- One yard waxed cotton or leather cording, rattail or similar cord
- Optional: Beads to embellish both sides of the adinkra symbol

It's easy to make a bold jewelry statement! Begin by stringing the symbol onto a 28-30" length of cording. If desired, center the symbol along the cording, then tie knots on both sides of the piece to secure its position. String additional beads on both sides as desired, adding optional knots between each bead, then adding a final knot after the last bead.

Overlap the cording ends about 4". Tie a slip knot at each end as shown – the area between the slip-knots will be a double strand, the remaining cording will be single strand. Make the knots tight, then trim the tips close to the knots if needed.

Once the two knots are tied, pull the single strands at the same time to increase the cording length (to fit it over your head), then pull the double strands to decrease size (tightens the necklace to choker size).



Order adinkra symbols, other brass accents, beads and more online at [www.CulturedExpressions.com](http://www.CulturedExpressions.com).



**Lisa Shepard Stewart** is an author, designer and instructor based in New Jersey. In her how-to project books, Lisa encourages others to express themselves creatively through culturally relevant techniques and materials. She promotes her work through workshops, trunk shows and special events both in the US and internationally. Visit [www.CulturedExpressions.com](http://www.CulturedExpressions.com); call 1-866-MUDCLOTH; or write PO Box 356, Rahway, NJ 07065