

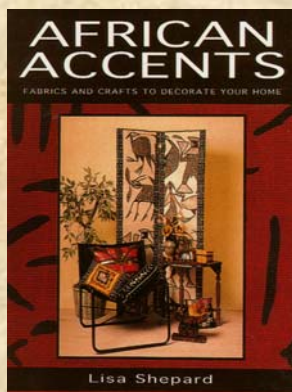
CULTURED E*PRESSIONS

Creative Decorating, Quilting and Crafts with African Fabrics

BOOKS BY LISA SHEPARD

AFRICAN ACCENTS: Fabrics and Crafts to Decorate Your Home

Covers mudcloth, korhogo, kuba cloth, adinkra, and kente strip weaving. Learn about the cultural significance behind these fabrics, and how they're made and used traditionally. Create unique accents for the living room, dining room, bedroom, kids' room, and your home office, plus special pieces for entertaining and gift-giving! Extensive resource listing for fabrics, craft supplies, further research and more. Over 40 projects! 128 pages **\$19.95**



Welcome to Cultured Expressions!



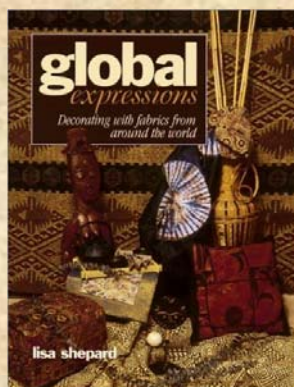
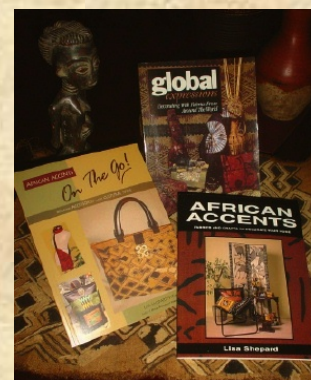
*your unique source of ideas, inspiration, fabrics, embellishments and kits featuring authentic African textiles for **sewing, quilting, decorating and crafts. Enjoy!***

Lisa Shepard Stewart

www.CULTURED EXPRESSIONS.COM

CE LIBRARY

The CE LIBRARY brings you all three of Lisa's books for a special price! Fill in your own collection, share them with friends or give them as gifts. Get the set for just **\$55.00!**



GLOBAL EXPRESSIONS: Decorating with Fabrics from Around the World

Explores the textile arts of nine regions, and the cultures that created them. From mola appliqué of Panama to Japanese sashiko quilting to sadza batik of Zimbabwe to Nigerian adire cloth and more, learn how and why the fabrics are made traditionally. Step-by-step instructions, traceable fabric designs and photos show you how to recreate the fabric techniques, then apply them to 15 home décor projects. Detailed appendix has tips for shopping for and caring for special textiles, fabric sources, craft supply companies and other resources for creative inspiration. 128 pages **\$21.95**



African Accents ON THE GO! Designing Accessories with Cultural Style

Love a Great Handbag? Sew Your Own! *On The Go* features 22 original handbag, tote and take-along projects, all done in authentic African fabrics.

Author and designer Lisa Shepard Stewart offers step-by-step instructions, plus general construction details, creative tips, Lisa's Sketchbook™, re-

sources, patterns, glossary and lots of extras. Create new accessory looks in bogolan(mudcloth), kente, korhogo, kuba, adire, prints and batiks. Full color photos and illustrations. 80 pages. **\$21.95**

MUDCLOTH COVERED JOURNAL KIT

Journal writing has become increasingly popular in today's culture. Not only is the activity of keeping a journal enjoyed by many people, but creating the journal itself offers yet another mode of self-expression.

Each kit contains the mudcloth, in a choice of black, mustard, spicy brown, caramel or two-tone. Also included in the kit are the blank hard-bound 5.5" x 8.5" journal, lining, fusible materials, and suggestions for additional embellishments. *All you need is a household iron and a glue gun!* **\$16.95**



FEEL THE FABRIC... EMBRACE THE CULTURE™

COTTON JACQUARD BATIKS

Imported from Ghana, these 100% COTTON handmade batiks feature unique background designs woven into the fabric for added dimension and a rich feel. **SUPER-SIZED Fat Quarters** measure approx. 18" x 26. **Sampler Pack** contains 60 different batiks, each 7" square. Machine washable & colorfast.

5-PACK of JACQUARD BATIKS \$20.00

We will fill special color requests as closely as possible

Also Try our Popular Sampler Pack:
60-PACK of 7" SQUARES \$49.95



BOGOLAN "MUDCLOTH"

Imported from Mali, West Africa, handwoven mudcloth features dramatic designs —each piece is unique. Black, mustard, spicy brown, cream, or multi (different color strips sewn together). Designs will vary.

30"x 40" pc. \$25.00

15"x 20" pc. \$ 8.00



MUDCLOTH MINI PURSE KIT

Sew up several of these purses for yourself or quick gifts, using CE's technique for stabilizing handwoven fabric. Three style/size options included in the instructions, plus mudcloth, lining, interfacing and cording for one purse - add your own optional embellishments. For any skill level - sew by hand or machine. Black, Spicy Brown, Mustard, Caramel. **\$10.95 kit**

Embellish your Mudcloth Mini Purse with a hand-cast brass accent, imported from Ghana (see photo above). Let us choose the perfect piece for you! **\$5.00 each**

Brass Adinkra SYMBOLS



These hand-cast symbols are traditionally stamped onto fabric and each has a specific meaning. Top loop for cording to create a necklace or choker. Meanings are included with each purchase.

Nkyinkyin - Twistings - Adjusting to New Roles or Circumstances
Dwennimmen - (Ram's Horns) - Strength of Body, Mind & Spirit
Ananse Ntontan—(Spider's Web) - Creativity, Craftiness
Nsoroma - (The Star) - A Child of the Heavens
Odenkyem - (Crocodile lives in water and on land) Adaptability
Eban - Love and Security of the Home
Gye Nyame - (Only God) - Omnipotence of the Supreme Being
Sankofa - Go Back & Learn from Your Mistakes

ADINKRA Symbols 2" \$7.95 each • 1" \$4.25 each



◀ Brass Adinkra **BUTTONS**

Eight different adinkra symbols now expertly hand-crafted on the surface of 7/8" brass buttons! They're perfect for quilts, clothing, jewelry (try cuff-links!) Set of 8 buttons (1 of each symbol) **\$10.00**

EMBELLISHMENT PACKS

Color-coordinated beads for crafts, quilts, dolls, jewelry, clothing. Imported from various West African countries. May include clay, horn, bone, resin or recycled glass beads. Photo a sampling of the bead styles and color groups; each assortment is unique and may vary. Please specify color. **▼ \$8.95/pack**

COWRIE SHELLS

Once used as currency in some cultures, cowries remain popular for jewelry, clothing accents, crafts and quilting. Ivory, open backs. **8/Pack \$3.00**



AFRICAN MOSAIC QUILTING™

AFRICAN MOSAIC QUILT KIT includes 200 - 2" African print squares (100% cotton), one 36" x 48" piece of Quilt Fuse pre-printed 2" fusible grid for layout and assembly, plus instructions, creative tips and ideas for a variety of projects.

The African Mosaic Quilt Kit features the stronger, brighter colors and patterns found in African prints from West African countries like Senegal, Mali, Ivory Coast and Ghana.

Add non-African fabrics from your stash as fillers and transition fabrics, assuring a truly unique result with every project. Batiks, marbled and hand-dyed cottons, mudcloth, faux suede, basic quilt fabrics, velvets & raw silks add to the drama of the finished project.

AFRICAN MOSAIC QUILT KIT \$34.95

50-PACK OF 2" AFRICAN PRINT SQUARES

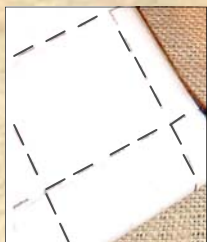


Add these 2" squares to your quilt project, or use them for general quilting, crafts, doll making, etc. Assorted colors and designs.

50-PACK \$6.95

QUILT-FUSE

The fusible, pre-printed backing used in the African Mosaic Quilt Kit, available by the yard. 48" wide. Add to your kit for a larger project, or start a new project. **\$4.50 yd.**



◀ Add your own fabric squares, or purchase additional 50-packs, to the kit to create a larger design like this one!

African Fabric Print—FAT QUARTERS

What's a Fat Quarter? It's a quilting term for a ¼ yard of fabric, measuring 18" x 22". Its "fat" dimensions (compared to a standard ¼ yard of fabric that measures 9" long x 45" wide) are more versatile for quilting, crafts, pillows, doll clothes, photo frames, desk accessories, covered journals... Fat quarters make it easier to collect a wide variety of prints for your fabric stash.

Choose a color group (for 10-packs only)

- **RED** (reds, burgundies, oranges, yellows, golds)
- **BLACK** (blacks, ivories, browns, taupes, earth tones)
- **GREEN** (greens, blues, violets, purples)

10-PACK (Multi, or Red, Black or Green) **\$29.95**
20-PACK (A mix of all colors above) **\$49.95**
40-PACK (A mix of all colors above) **\$99.95**

Note: Prints shown are representative of the fabric colors & designs, which may vary according to availability and new design releases from the importers. We're sure you'll be pleased with our selections!



Brass CAGE BEADS

Add great texture to your projects with hollow brass cage beads. They measure approximately ½" diameter. Perfect for quilts, zipper pulls, jewelry and more. Set of 5 beads. **\$6.95/pack**



FASTURN

This is the tool I used to create the red print bread basket in African Accents. I also used it on the Christopher Lowell show for a table setting segment. It's a hollow brass cylinder with a specially designed wire hook that makes turning fabric tubes fun & EASY!! Magically fill fabric tubes with cording or fleece, turning the tube right side out at the same time! Then simply coil the tubing and glue or hand sew into place to create the basket. Set of 3 sizes including ¾", 1/2", and 3/8" tube sizes.

FASTURN \$19.95 / Set of 3 sizes



Give the Gift of **CREATIVITY** with Unique **GIFT SETS**

Our **DELUXE GIFT BASKET** includes:

- (1) signed copy of African Accents
- (1) signed copy of Global Expressions
- (1) signed copy of African Accents On The Go!
- (1) African Mosaic Quilt Kit (see description)
- (1) package of 50 extra 2" fabric squares
- (10) African Fabric Print fat quarters* (18"x 22")
- (1) package of 8 Cowrie Shells
- (1) package of Beads

Plus Gift Tag

DELUXE GIFT BASKET \$145.00



New! CE LIBRARY

One copy of each of Lisa's creative project books, Includes autographed copies of **AFRICAN ACCENTS**, **GLOBAL EXPRESSIONS**, and **AFRICAN ACCENTS ON THE GO** & Gift Tag. Reg \$64.00

Only \$55.00

In addition to the Gift Baskets shown here, we can also customize a gift set based on a particular crafting interest, one's favorite color, etc., designed to fit any budget. Still can't decide? Order a Gift Certificate!

Arrange a Special Event
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*Lisa Shepard Stewart
offers events
for every skill level.
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- Trunk Shows
- Custom Retreats
- Hands-on Classes
- Workshops

QUILTER'S BASKET

includes: (1) African Mosaic Quilt Kit; (1) 50-pack of 2" squares; (6) African Print Fabric fat quarters; (1) package of 8 Cowrie Shells; Gift Tag. **\$60.00**

AFRICAN ACCENTS

GIFT SET includes: (1) Signed Copy of AFRICAN ACCENTS, (3) African Print Fabric fat quarters, (8) Cowrie Shells, Gift Tag. **\$35.00**

Cultured Expressions, Inc.

PO Box 356, Rahway, NJ 07065
Phone / FAX 1-866-MUDCLOTH

info@CulturedExpressions.com
www.CulturedExpressions.com

CE-CATALOG09

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- Up to \$30 add \$5.95
- \$30 - \$75 add \$7.95
- \$75 - \$100 add \$9.95
- Over \$100 add \$11.95

FedEx & UPS Express shipping available; cost will be calculated and advised before shipping.

Order Total _____
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7% NJ only-Sales Tax _____
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